

## SHEHJAAR HOMES FOR SENIOR CITIZENS

Shehjaar Homes for Senior Citizens is a Section 8 “Not-for-Profit” Company since Jan 2005 presently registered in Haridwar Uttarakhand with its four Senior Centres operating in Haridwar, Pune, Bhubaneswar & in Faridabad.

On 1<sup>st</sup> October 2024 the International Day Of Elderly Persons Shehjaar Homes organised a one day conference with subject “**SENIOR CITIZENS WELFARE- OUR RESPONSIBILITY**” in a Hotel in Haridwar Uttarakhand.

The conference was attended by 120 delegates from various parts of India and was addressed by the experts on the subject of social activities, Human values, elderly issues, medical science including Ayurveda.

An interactive session yielded many actionable points as a part of resolution.

**Resolutions passed in the National Conference, held on 1<sup>st</sup> October 2024, the international day for elderly persons, on Senior Citizens Welfare: Our Responsibilities, hosted by Shehjaar Homes for Senior Citizens, a section 8, Not-for-Profit Company, registered in Haridwar, Uttarakhand.**

1. All the delegates in the conference complimented and thanked the Government of India, in one voice, for implementing the Health Insurance up to Rs 5 lakhs for every senior citizens of age 70 and above under Ayushman Bharat scheme. This is indeed a very timely and very much needed welfare measure by the government of India. It was, however, submitted by the delegates that GOI should consider to including the senior citizens ageing between 60 and 69 years also in the scheme, at the earliest possibility.
2. All the delegates in the conference appreciated the release of **A POSITION PAPER on SENIOR CARE REFORMS IN INDIA by NITI AAYOG**, in February 2024. It is hoped that this paper will foster required collaboration among individuals, families, communities, civil society and the governments for converting the policy INTENT into ACTION. It will pave the way for quality outcome in senior care.
3. Delegates submitted that the holistic plan for welfare of senior citizens needs to be drawn and implemented under close monitoring, on top priority. Therefore, it is necessary to create separate Ministry in the Centre as well as in the States, to oversee the welfare of this segment of

deserving population which is presently 10% and likely to be about 20 % by 2050.

4. Delegates submitted that Government of India should revoke the suspension of Railway concession to Senior Citizens without any further delay. This was suspended in 2020 during Covid pandemic.
5. Delegates emphasized that Governments and other stake holders in the field of Senior care, should encourage, the initiatives taken by the individuals or NGOs, for improving the quality of life of senior citizens. In this regard the initiative of establishing senior centers at Pune, Bhubaneswar, Haridwar & Faridabad, by Shehjaar Homes, were found very useful in mitigating the problem of loneliness in senior citizens, and was highly appreciated. Shehjaar Homes believes that for every welfare measure, we cannot look to Governments alone. There is lot of experience available among senior citizens and innumerable initiatives can be taken by senior citizens themselves. Governments may, however, issue advisory to local administration to provide government accommodations or subsidized land for setting up the senior centers in all clusters of Senior Citizens.
6. The delegates noted with great pleasure the awarding of Mr Hargovind Sharma, age 44 years, with **Shehjaar Varisht Sewa Samman**, for his very thoughtful idea of setting up, a senior centre in the ground floor of his newly built house at B1108, Green Fields Faridabad . It is a very commendable initiative of this young person. Awarding Mr Har Gobind Sharma, Shehjaar Homes believes, will encourage the other stake holders in the field of senior welfare, be it individual, families or corporate builders, to contribute in the best possible way.

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## राष्ट्रीय सम्मेलन में वरिष्ठ नागरिकों की समस्याओं पर किया गया विचार मंथन

### वरिष्ठ नागरिक दिवस पर शहजार होम्स की ओर से सम्मेलन का आयोजन

शहजार होम्स, हरिद्वार: शहजार होम्स पर वरिष्ठ नागरिकों की ओर से अंतरराष्ट्रीय वरिष्ठ नागरिक दिवस के उपलक्ष्य में आयोजित राष्ट्रीय सम्मेलन में देश भर से आए 120 से अधिक वरिष्ठ नागरिकों ने भाग लिया। एक-दूसरे से अपने विचार साझा करते हुए सम्मेलन की आयोजक पहलियों पर चर्चा की गई।

सम्मेलन के संयोजक व शहजार होम्स के डायरेक्टर सुरेश पालरो ने बताया कि वरिष्ठ नागरिक कल्याण हमारा दायित्व है। इस विषय पर अहम बातें और भेद से विशेषज्ञों ने चर्चा की। अंतरराष्ट्रीय वरिष्ठ नागरिक दिवस के उपलक्ष्य में आयोजित राष्ट्रीय सम्मेलन में देश भर से आए 120 से अधिक वरिष्ठ नागरिकों ने भाग लिया। एक-दूसरे से अपने विचार साझा करते हुए सम्मेलन की आयोजक पहलियों पर चर्चा की गई।

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